



Pain Society  
of Alberta

# *19th Annual Conference Agenda*

Preconference: October 16, 2025

Conference: October 17-18, 2025

The BMO Centre  
1912 Flores Ladue Parade SE,  
Calgary, Alberta



## Thursday October 16 Pre-Conference Workshops

### Headache and Migraine Workshop

Registration is required. All presentations will reserve 25% for audience engagement and question/answer.

After completing this workshop, participants will be able to:

- Outline the optimal pharmacologic management of migraine, including both acute and preventive treatment.
- Discuss the management of depression and anxiety in the patient with migraine.
- Discuss the relationship between head trauma and migraine.
- Utilize psychological approaches to improve clinical outcomes when treating the patient with migraine.

1515h	<b>Registration</b> Palomino Prefunction
1550h	<b>Welcome and Opening Remarks</b> Dr. Werner Becker Palomino D
1600h	<b>What is Migraine?</b> Dr. Werner Becker
1610h	<b>Diagnosis and Management of Post-Traumatic Migraine</b> Dr. Chantel Debert
1645h	<b>Approach to Acute Migraine Therapy</b> Dr. Jennifer Bestard
1720h	<b>Dinner Buffet</b> Exhibitor Booths are open
1805h	<b>Pharmacological Prevention of Migraine and the new Canadian Headache Society Guidelines</b> Dr. Farnaz Amoozegar
1845h	<b>Depression and anxiety management in patients with migraines, a pharmacologic approach</b> Dr. Aaron Mackie
1920h	<b>Clinical Tips for Better Outcomes in Patients with Migraine from a Psychologist</b> Dr. Elisabeth Saxton

1955h	Panel Discussion – all Presenters
2010h	Closing Remarks and Conclusion Dr. Werner Becker



# Low Back Pain Workshop: Imaging, Medication, Practical Examination and Appropriate Care Pathway Insights

\*Registration is required. You must be registered for the conference to attend.

\*All presentations will reserve 25% for audience engagement and questions/answer

After completing this workshop, participants will be able to:

- Develop an evidence-informed framework for the management of both acute and chronic low back pain, inclusive of disability management
- Formulate when to utilize appropriate diagnostic imaging, medication, conservative rehabilitation and interventional procedures to guide care for the patient with low back pain
- Improve their confidence in performing a 10-minute office-based examination for a patient with low back pain

1515h	<b>Registration</b> Palomino Prefunction
1600h	<b>Welcome and Opening Remarks</b> Dr. Ashley Smith Palomino E
1610h	<b>Acute Low Back Pain in the Emergency Department - Imaging and Management Considerations</b> Dr. Sean Patrick
1645h	<b>Conservative Management of Low Back Pain – Highlighting What Is Good Care and What Is Not: Does Imaging Guide Patient Management?</b> Dr. Geoff Schneider
1720h	<b>Dinner Buffet</b>
1805h	<b>Practical: 10 - minute Office-Based Assessment of a Patient with Low Back Pain</b> Dr. Taylor Burnham
1845h	<b>What now? Where to Turn (Imaging? Medications? Surgical Referral?) When Conservative Care Is Not Successful</b> Dr. Taylor Burnham
1920h	<b>Disability Management of Low Back Pain</b> Speaker TBD
1955h	<b>Panel Discussion – All Presenters</b>
2010h	<b>Closing Remarks and Conclusion</b>

All attendees will receive resources guiding evidence-based care for patients with low back pain



# Friday October 18

25% of each session will be dedicated to Q&A

0730h	Registration Palomino Prefunction
0800h	Welcome and Opening Remarks Moderator: TBD Palomino D and E
0815h	Inevitable decline or science-informed hope? Exploring the contemporary understanding of osteoarthritis and its management. Dr. Tasha Stanton
0915h	Mastering Fibromyalgia in Primary Care Dr. Lori Montgomery
1000h	Refreshment Break Palomino Prefunction
1030h	Welcome back
1030h	Persistent Symptoms after Concussion: Current Guidelines and Management Pearls Dr. Chantel Debert
1115h	Rehabilitation of persisting symptoms following concussion Dr. Kathryn Schneider
1200h	Lunch Palomino Prefunction Exhibitor Booths are open
1300h	Welcome Back
1300h	The Importance and Impact of Compassion in Healthcare Dr. Shane Sinclair
1400h	Neuroplasticity & Nociceptive Pain Dr. Ellie Stein
1445h	Refreshment Break Exhibitor Booths are open
1515h	Welcome Back Moderator: TBD
1515h	The Intersection of Sleep with Pain/Addiction Disorders Dr. Tim Ayas



- 1600h Pain and Sleep: Understanding the Bi-directional Relationship and Approach to management  
Dr. Charles Samuels
- 1700h Closing Remarks and Conclusion of Day One

# Saturday October 18

25% of each session will be dedicated to Q&A

0800h	Opening Remarks Moderator: TBD Palomino D and E
0810h	Moving Pelvic Pain: Medicine meets Yoga Dr. Magali Robert and Shelly Prosko
0910h	Disability Management Speaker TBD
0955h	Refreshment Break Exhibitor Booths are open
1025h	Using perceptual trickery for good: clinical opportunities for virtual and mediated reality Dr. Tasha Stanton
1145h	Lunch Palomino Prefunction
1300h	Welcome back Moderator: TBD
1300h	Pain to Joy: You Are More Powerful Than You Realize Danielle Suttie
1320h	Moving Beyond the Tissues to Manage Pain Dr. Ashley Smith
1350h	Improving Health Care Outcomes with Trauma-Informed Care (Without Feeling Like You're a Therapist) Dr. Elisabeth Saxton
1420h	Panel Discussion Danielle Suttie, Dr. Ashley Smith and Dr. Elisabeth Saxton
1500h	Refreshment Break Exhibitor Booths are open
1530h	Beyond the Body: Addressing Trauma-Driven MSK Pain with Psychedelic-Assisted Therapy and other novel options Dr. Francois Louw
1630h	Closing Remarks, Conference Passport Draw

