



Pain Society of Alberta Pain Champion

The Pain Society of Alberta Annual Pain Champion Award recognizes the significant contributions made by a person or a group of people, living with pain.

There are many challenges to maintain a person's health, manage their pain and create a flourishing environment of well-being. The PSA wishes to acknowledge the efforts of those who advocate and improve the lives of other people and their families faced with similar pain issues.

This award highlights an individual or group who may do any of the following:

- **shares and communicates their positive voice, encouragement and insight to government, physicians and their health teams, pain organizations and families to foster enhanced delivery of care.**
- **strives to build healthier communities for people living with pain and their families.**
- **strengthens engagement and social connectivity, with actions such as:**
 - **encouragement of participation in pain-related support groups.**
 - **utilization of social media to promote advocacy, support systems and provision of resources.**

Nominate an individual by submitting a letter including your name, discipline and a short and meaningful summary of their contributions by September 6, 2019 to team@painab.ca.

The Pain Society of Alberta Board of Directors will review applicants. This award will be presented at our Annual Conference Gala evening on October 19, 2019.

If you have further questions, please contact our Program Administrator at team@painab.ca